Dear Parents/Carers

Congratulations and well done to Pru and Bede, who landed successfully as part of the ‘Toss the Teacher’ fundraiser. They raised close to $2000 for our sensory programs as part of our In the Zone for Learning initiative. It is pleasing to walk around the school to see how teachers have set up their own sensory spaces in their classrooms to help students engage in learning.

Well done to Cate who has been successful in her application with Variety Club to purchase a new school bus. During the year Cate has been working tirelessly in gaining financial support and her efforts have been nothing but outstanding. Thank you to the McCloy Group and Belmont 16s who both donated $15000 each and Port Waratah Coal Services who donated $2000.

As I have mentioned in previous newsletters, our Outdoor Learning Area underwent a major makeover with the support of the GPT Group. Thank you to Sharyn who has obtained a further $2900 from a Lake Macquarie City Council Environmental Grant which will assist in further planting and completion of the project.

Please note in your diary our Presentation Day which will be on Wednesday, 2nd December where we get to reflect and celebrate the year. There will be entertainment following with a light lunch. It would be great to see as many people attending as possible. For catering purposes, could you please fill in the slip below if you wish to attend, along with the number of people attending.

Attached to this newsletter is a parent survey which should take no longer than 5 minutes to complete. Your feedback is important as part of our future planning so I urge parents/carers to complete the survey and return it to school as soon as possible.

The next P&C Meeting will be held next Monday 23rd November at 10am. I encourage as many parents/carers to attend as we will also be discussing our 2016 planning.

All the best

Darren Barnett
Principal

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Student’s Name: .......................................................... Class: ..................................................

Number of guests attending: ........................................

Signed: .............................................................................. Date: ..............................................
Enhancing the Links Seminar
Thursday 26 November | 9.00 am – 1.30 pm
A Seminar focussing on the move to life after study with disability for school leavers in Years 10-12, family-carers, teachers, government & non-government services

On the move yourself, or are a teacher or service supporting the transition? Learn more about...

Planning the move to life after study
- Who to speak with? When to start getting ready!
- What resources are available to assist in this planning?
- Transition workbooks for school leavers
- Hints and Tips... events to attend, social media to stay informed

What’s Out There? Know Your Options & Support Services
- Training
- Higher Education
- Employment
- Apprenticeships/Traineeships
- Volunteering
- Programs to get ready for these pathways, or to increase community participation
- Self-employment

Support for Your Disability
- National Disability Insurance Scheme (NDIS) – information for participants, and staff supporting students accessing the Scheme
- Other agencies
- Income support

Who Should Come?
- Teachers, career advisers, other school staff & government and non-government services from all sectors who support students and people with disability in their transition planning
- Students with disability or an ongoing medical condition – particularly from the school sector – and their family-carers
- People with disability & students from other sectors are most welcome to attend, but the focus will be on school leavers

Registration Essential!
COST - FREE
Location: Lectue Theatre CT202
CT Building
University of Newcastle (Callaghan Campus)
Accessible venue & close parking
Registrations close 12th November

Register Here or https://2015setl.eventbrite.com.au

More Info: Regn link & FB page
Kay Dean
NDCO Hunter-Central Coast
Kay.dean@newcastle.edu.au
P: 4921 8844 | M: 0438 218848

Event Facebook Page:
www.facebook.com/EnhancingTheLinks

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Community Link Up
Celebrating Social Inclusion Week 2015

You’re invited to a FREE community event to promote Social Inclusion for people of ALL abilities.

Don’t miss this opportunity to discover what’s on in your community and to promote YOUR community group.

Join us as we create an inclusive community!

When: Thursday 26 November 2015
Time: 10am - 2pm
Where: Newcastle PCYC, Corner Young and Melbourne Roads, Broadmeadow
RSVP: Phone Libby on 4905 0705 or email elizabeth.pike@vinnies.org.au

Lunch and entertainment will be provided.
## Too sick for school?

Generally if your child feels unwell, keep them home from school and consult your doctor. This chart and the information it contains is not intended to take the place of a consultation with your doctor.

<table>
<thead>
<tr>
<th>Condition</th>
<th>Description</th>
<th>Advice</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Bronchitis</strong></td>
<td>Symptoms are coughing, a runny nose, sore throat and mild fever. The cough is often dry at first, becoming moist after a couple of days. There may be a slight wheeze and shortness of breath. A higher fever (typically above 39°C) may indicate pneumonia.</td>
<td>!... until they are feeling better. Antibiotics may be needed.</td>
</tr>
<tr>
<td><strong>Chickenpox (Varicella)</strong></td>
<td>Slight fever, runny nose, and a rash that begins as raised pink spots that blister and scab.</td>
<td>!... for 5 days from the onset of the rash and the blisters have dried.</td>
</tr>
<tr>
<td><strong>Conjunctivitis</strong></td>
<td>The eye feels 'scratchy', is red and may water. Lids may stick together on waking.</td>
<td>!... while there is discharge from the eye unless a doctor has diagnosed a non-infectious cause.</td>
</tr>
<tr>
<td><strong>Diarrhoea (no organism identified)</strong></td>
<td>Two or more consecutive bowel motions that are looser and more frequent than normal and possibly stomach cramps.</td>
<td>!... for at least 24 hours after diarrhoea stops.</td>
</tr>
<tr>
<td><strong>Fever</strong></td>
<td>A temperature of 38.5°C or more in older infants and children.</td>
<td>!... until temperature is normal.</td>
</tr>
<tr>
<td><strong>Gastroenteritis</strong></td>
<td>A combination of frequent loose or watery stools (diarrhoea), vomiting, fever, stomach cramps, headaches.</td>
<td>!... for at least 24 hours after diarrhoea and/or vomiting stops.</td>
</tr>
<tr>
<td><strong>German measles (Rubella)</strong></td>
<td>Often mild or no symptoms: mild fever, runny nose, swollen nodes, pink blotchy rash that lasts a short time.</td>
<td>!... for at least 4 days after the rash appears.</td>
</tr>
<tr>
<td><strong>Glandular Fever (Mononucleosis, EBV infection)</strong></td>
<td>Symptoms include fever, headache, sore throat, tiredness, swollen nodes.</td>
<td>!... unless they’re feeling unwell.</td>
</tr>
<tr>
<td><strong>Hand, Foot and Mouth Disease (HFMD)</strong></td>
<td>Generally a mild illness caused by a virus, perhaps with a fever, blisters around the mouth, on the hands and feet, and perhaps the nappy area in babies.</td>
<td>!... until all blisters have dried.</td>
</tr>
<tr>
<td><strong>Hayfever</strong> (Allergic rhinitis) caused by allergy to pollen (from grasses, flowers and trees), dust mites, animal fur or hair, mould spores, cigarette smoke</td>
<td>Sneezing, a blocked or runny nose (rhinitis), itchy eyes, nose and throat, headaches.</td>
<td>!... unless they feel unwell or are taking a medication which makes them sleepy.</td>
</tr>
<tr>
<td><strong>Head lice or nits</strong> (Pediculosis)</td>
<td>Itchy scalp, white specks stuck near the base of the hairs; lice may be found on the scalp.</td>
<td>!... while continuing to treat head lice each night. Tell the school.</td>
</tr>
</tbody>
</table>
DATES TO REMEMBER

Monday, 23rd Nov  
P & C Meeting, 10am, All Welcome

Wednesday, 2nd Dec  
School Presentation Day

Monday, 7th Dec  
Graduation Lunch - Year 12 Students

Wednesday, 9th Dec  
Tomaree Aquatic Centre Excursion - selected students

Wednesday, 16th Dec  
Last Day of Term 4 - 2015

January, 2016

Wed, 27th Jan ‘16  
Staff Development Day - no students at school

Thursday, 28th Jan ‘16  
Students return to school for Term 1

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Planning Cafe
Get In Control with
the NDIS!

With the NDIS, people with disability and their families have more opportunities than ever before to get in control of their supports. To find out more, come along to our next Planning Cafe to hear from:

- Better Caring – Peter Scutt
- Careseekers – Marissa Sandler
- HireUp – Jordan O’Reilly

When
Thursday 26 November, 10am - 12pm
Arrive at 9.30 for tea, coffee and to sign in.

Where
The Place Community Centre, Charlestown
Corner of Frederick and Pearson Street

Peer facilitators
Catherine Mahony & Melanie Schlaeger

Registrations essential
Please call/SMS: 0490 053 454
or email info@cdah.org.au
or go to www.cdah.org.au/events

Auslan interpreters present

Do you want to be the boss of your own supports?
Do you want to choose your own support workers?

Then come along to our Planning Cafe, a peer support meeting for people with disability and their families to swap ideas and share experiences.

Meet our presenters:

Peter Scutt
Founder of Better Caring

Marissa Sandler
Co-Founder & CEO Careseekers

Jordan O’Reilly
Co-founder of HireUp

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The NSW Spectacles Program provides Government funded glasses and vision aids to eligible recipients including the elderly, children, people experiencing homelessness, those living in rural and remote areas, people with disability and Aboriginal and multicultural communities.

For more information please visit:
www.visionaustralia.org/eye-health/nsw-spectacles-program

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vision australia
blindness and low vision services

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What is the National Disability Insurance Scheme?

The National Disability Insurance Scheme (NDIS) is a new way of providing individualised support for people with a disability who have a permanent or developmental delay that affects their ability to take part in everyday activities.

If you live in Maitland, Newcastle or Lake Macquarie and are under 65 you may be eligible to access the NDIS.

Visit us

Find out how the NDIS might assist you, your family member or friend by visiting our information stands between 9.30 and 4pm at:

**Rutherford Marketplace**
28th October, 18th November & 9th December

**Lake Macquarie Fair**
4th November, 25th November & 16th December

**Morisset Square**
11th November & 2nd December

**Bonnells Bay Shopping Centre**
9th November & 1st December

Phone: 1800 555 727  
www.ndis.gov.au